

# Transition Resource Sheet for Students with Disabilities

Purpose: Support youth and families to make informed decisions about transition services for students with disabilities.

This transition resource sheet is to be shared with youth prior to and during 504/IEP meetings (ages 13/14 to 18/21).

Click each link below to visit the resource, or visit an accessible version by navigating to [tinyurl.com/KYTPRS](https://tinyurl.com/KYTPRS) or scanning the QR code.



## Transition Planning TOP THREE RESOURCES

[Univ. of KY Human Development Institute \(UK HDI\) Employment Checklists](#)

[KY-SPIN Youth & Adults Suite](#)

[Vocational Rehabilitation \(VR\) Transition Services for Students](#)

## Advocacy/Self-Determination/Self-Advocate

[Learn About Self Advocacy](#)

[Enhancing Self Determination at Home](#)

[Curriculum for Self Advocates](#)

[Self Advocacy- KY SPIN](#)



## Assistive Technology/Communication



[KATS Network: AT Centers, Lending Library](#)

[HDI Courses in Communication](#)

[Augmentative & Alt Communication](#)

[KY Assistive Technology Loan Corporation](#)

## Autism



[The Meaning of Self Advocacy](#)

[Autistic Women and Nonbinary Network](#)

[Autistic Self Advocacy Network](#)

[Kentuckiana Autistic Spectrum Alliance](#)

## Behavioral Health & Crisis

[Find Help Now KY](#)

[KY Crisis Prev and Response Services](#)

[KY Children's Mental Health](#)

[988 Suicide & Crisis Lifeline](#)



## Benefits and Impact of Work on Benefits

[Medicaid Waivers](#)

[Working While Disabled](#)

[KY Benefits-kynect](#)

[Disability Benefits 101](#)

## Blind or Visually Impaired



[KY School for Blind Charitable Foundation](#)

[National Federation of the Blind of KY](#)

[Kentucky Council of the Blind](#)

[American Printing House for the Blind](#)

## Deaf or Hard of Hearing

[KY Deaf & HH Services](#)

[KY Hands and Voices](#)

[Deaf Self-Advocacy Training Toolkit](#)

[Center for Parent Info and Resources](#)

[Deaf & HH Services - VR](#)

[Described & Captioned Media Program](#)

## Deaf-Blind

[Helen Keller National Center](#)

[KY Deaf Blind Project](#)

[National Center on Deaf-Blindness](#)

[Blind Services - VR](#)

## Education



[Students – KYPSO](#)

[Transition Overview for Families](#)

[Transition Resources KDE](#)

[Transition IEP Goals - KY-SPIN](#)

## Employment

[Employment First in Kentucky](#)

[Employment - KY-SPIN](#)

[SSI when turning 18](#)

[10 Things Stud. w/Disabilities Need to Know ab. VR](#)



# Transition Resource Sheet for Students with Disabilities

## Employment Accommodations and Executive Function

[JAN - Job Accommodation Network](#)   [Fact sheets & Brochures – ISAW](#)   [Executive Functioning - ISAW](#)   [Executive Function - KY-SPIN](#)

## Financial Aid (Post-secondary)



[College Funding Stud. w/Disabilities](#)

[Think Higher. Think College.](#)

[Career One Stop Get My Future](#)

[Affordable Colleges Online](#)

## Health Care



[Healthcare- KY SPIN](#)

[Transition to Adulthood Guide-ASAN](#)

## Housing

[KY Housing Corporation](#)

[Housing Programs: HH Coalition of KY](#)

[Housing - KY-SPIN](#)

[Kentucky Resource Guide: KHC](#)

## Independent Living

[KY Centers for Independent Living](#)

[Hart-Supported Living: DAIL](#)

[Hart-Supported Living: HDI](#)

[Daily Living Skills: KY-SPIN](#)

## Money Management



[IRS Understanding Your Taxes](#)

[Managing Your Money - KY-SPIN](#)

[FDIC Money Smart: Fin. Ed. Prog.](#)

[STABLE Kentucky](#)

## Nutrition



[USDA MyPlate for Teens](#)

[Eat Right for Teens](#)

## Parent/Caregiver Resources

[Protection & Advocacy Res.](#)

[Tips to Support Teen Grad.](#)

[KDE Parent & Family Rights](#)

[Center for Parent Info. and Res.](#)

## Resource Guides



[Aging & Disability Resource Center - DAIL](#)

[Kentucky Disability Resource Guide](#)

## Safety

[Online Safety - KY-SPIN](#)

[FBI Safe Online Surfing](#)

[Be Internet Awesome: Safety Prg.](#)

[School Safety Issues: KCSS](#)

## Supported Decision Making & Guardianship



[Guardianship & Alternatives - KY-SPIN](#)

[Guardianship & Alternatives in KY P&A](#)

[Supported Decision Making - KY-SPIN](#)

[My Choice Kentucky \(SDM\)](#)

## Transportation



[Transportation Initiative](#)

[Transportation - KY-SPIN](#)

## Transition Planning

[Transition - KY-SPIN](#)

[Charting the Life Course](#)

[It's My Choice - MN](#)

## Voting

[Voting - KY-SPIN](#)

[KY-SPIN's Voting Plan](#)

[Voting with a disability – Federal](#)

[Voters with Disabilities- KY State Bd.](#)

Please complete the [Transition Resource Sheet Survey](#)

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