

Mhy Self Determination

The United Nations Convention on the Rights of Persons with Disabilities (UNCRPD), defines self-determination through language around choice and autonomy.

United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) found self-determination had the highest influence on quality of life across all variables

Self Determined learning Model of Instruction

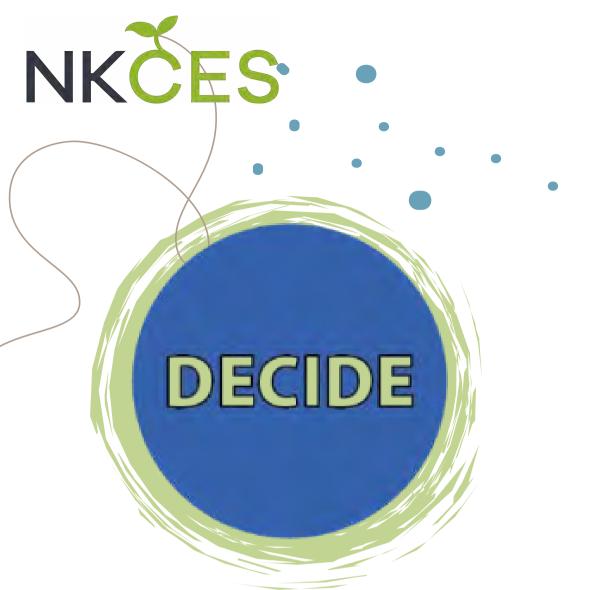
THE UNIVERSITY OF KANSAS



Self-Determined Learning Model of Instruction







- I use my strengths
 and areas of need to
 identify my goals.
- I choose goals based on my vision for future.





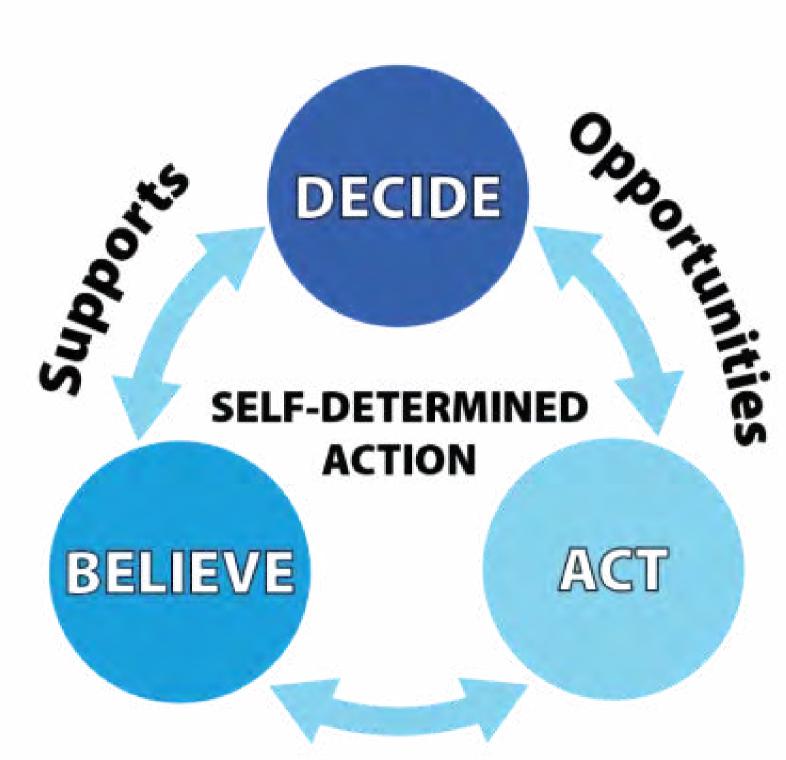
- I work to solve
 problems as I move
 toward my goals.
- I think about different
 pathways to get around
 barriers to my goals.



- I feel empowered to take action toward my goals.
- I know I can do things and be supported as I work toward my goals.

Interdependent on one another for success

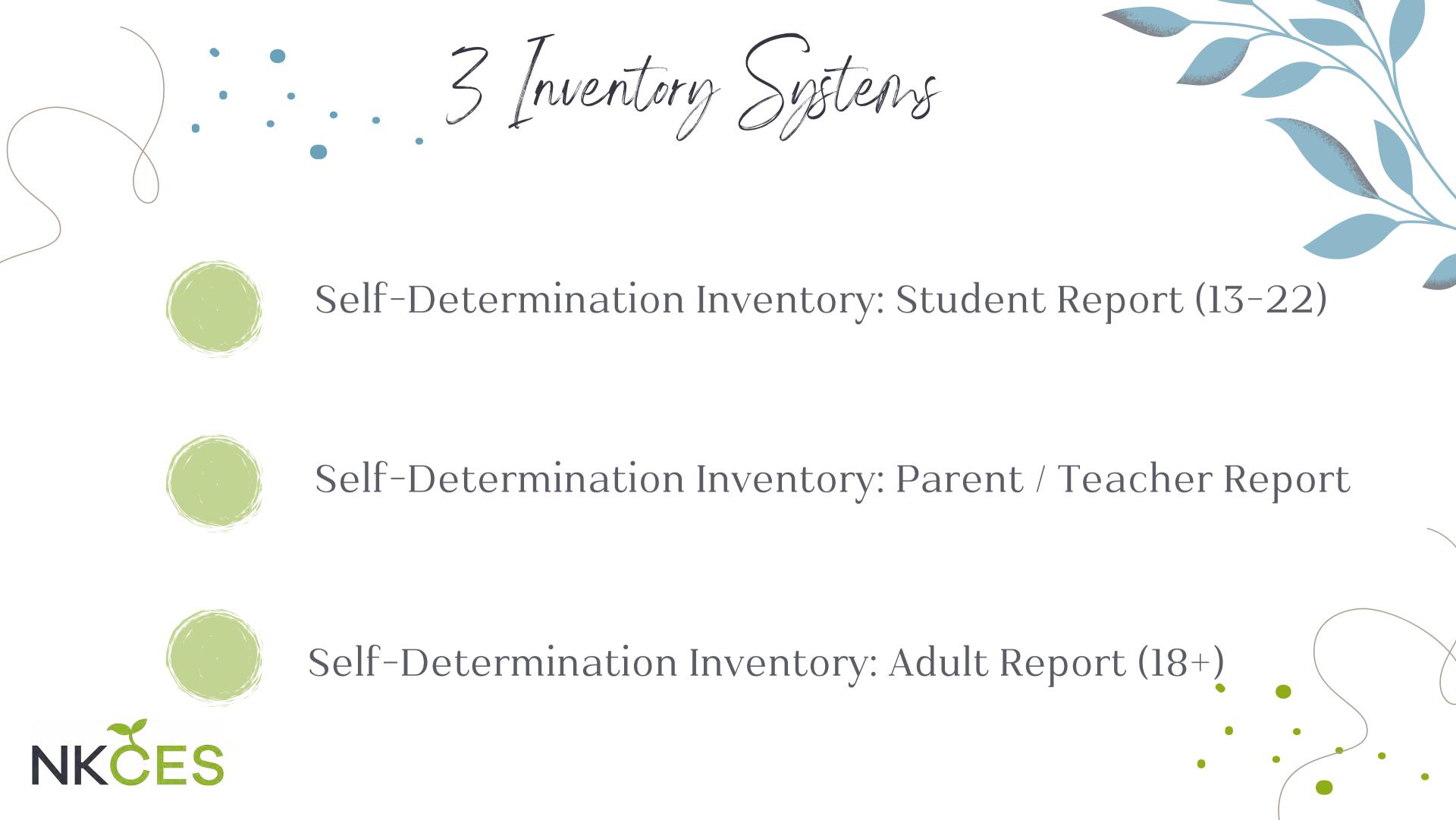
 Fluctuate through situations and life



• skills can be taught, scaffolded for support

skills can develop with opportunity and practice
 NKCFS





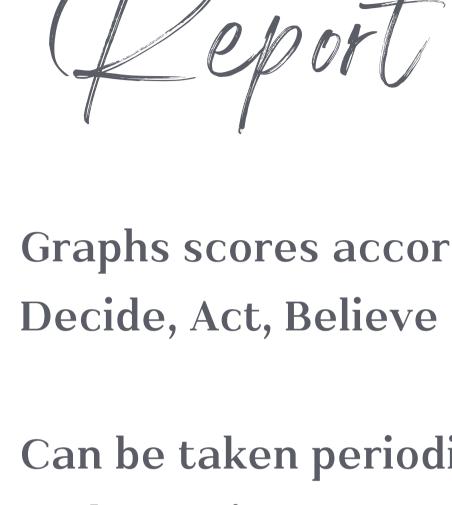








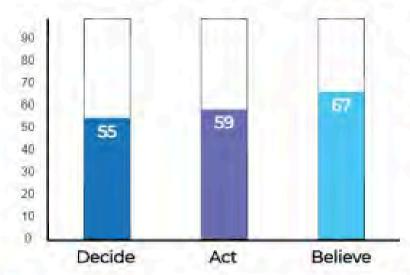
- Graphs scores according to Decide, Act, Believe
- Can be taken periodically to determine progress
- Gives suggestions for actions to take and skills that may be needed.





Believe

MY SELF-DETERMINATION INVENTORY



Remember, your changing. There is

This is a snapshot of your self-determination on the day you took the SDI

Knowing where you are in your self-determination helps you identify:

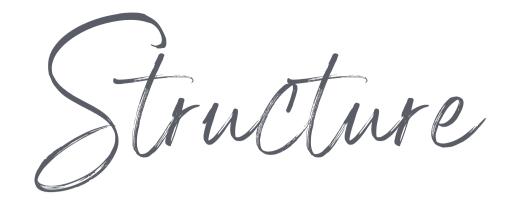
actions you are using now to cause the things you want in your life, AND actions you want to use in the future to reach goals at school, home, work, and the community

Actions you may take ... Skills you may use... Knowing strengths and areas of need Choice making Setting goals based on a vision for the future. Decision making Coal setting Problem solving Planning Decide Solving problems in working towards goals Self-management Thinking about different pathways to move through barriers Goal assaining Problem solving Self-advocacy Act Feeling empowered to reach goals Self-awareness Self-knowledge Knowing one can make changes and be supported in their life.

Report saved on 4/23/2025







Students set their own goals



- 4 questions in each phase
- Lead student through problem solving sequence



- linked to each student question
- provide roadmap to support students

In lementation

3 high schools
1 Employment Specialists
Resource Setting

Successes and Setbacks

+ Freshman / -Upper Classmen

+ Resource classes / -Co-Teaching

3



Academic Goals
Academic Behavioral Goals

Employment / Career Goals





SDLMI
Website
Inventories

Research

<u>SDMLI Research</u>

<u>Behavioral Science</u>

<u>Article</u>



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