



Self Determination

NKČES



Why Self Determination

The United Nations Convention on the Rights of Persons with Disabilities (UNCRPD), defines self-determination through language around choice and autonomy.

United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) found self-determination had the highest influence on quality of life across all variables



Self Determined Learning Model of Instruction



SDLMI

**Self-Determined Learning
Model of Instruction**

NK  **CES**



3 Pillars



- I use my strengths and areas of need to identify my goals.
- I choose goals based on my vision for future.



- I work to solve problems as I move toward my goals.
- I think about different pathways to get around barriers to my goals.



- I feel empowered to take action toward my goals.
- I know I can do things and be supported as I work toward my goals.



- Interdependent on one another for success
- Fluctuate through situations and life

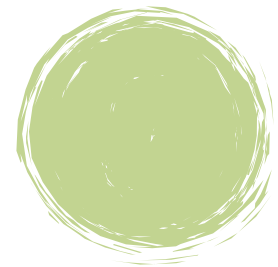
3 Pillars



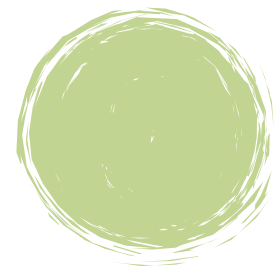
- skills can be taught, scaffolded for support
- skills can develop with opportunity and practice



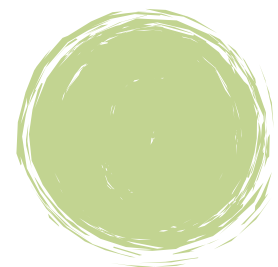
3 Inventory Systems



Self-Determination Inventory: Student Report (13-22)



Self-Determination Inventory: Parent / Teacher Report



Self-Determination Inventory: Adult Report (18+)



Survey

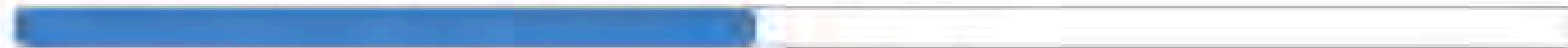
*This might mean you **disagree** a lot:*



*This might mean you **agree** a lot:*

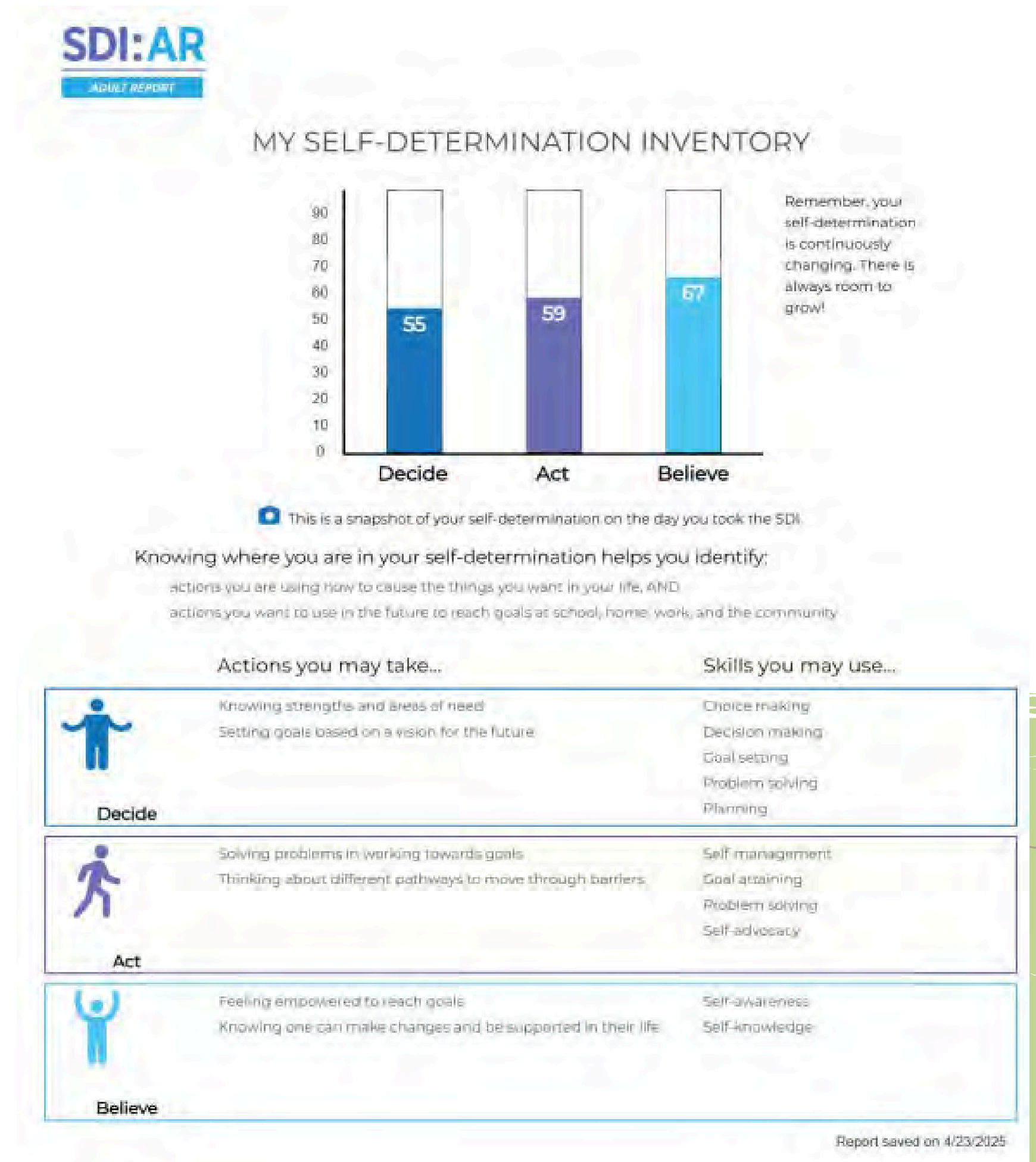


*This might mean you are right in the **middle**:*



Report

- Graphs scores according to Decide, Act, Believe
- Can be taken periodically to determine progress
- Gives suggestions for actions to take and skills that may be needed.



3 Phases



Structure


Students set their own goals



Student Questions

- 4 questions in each phase
- Lead student through problem solving sequence

Teacher Objectives

- linked to each student question
 - provide roadmap to support students
- 

Implementation

3 high schools
1 Employment Specialists
Resource Setting

1

Successes and Setbacks
+ Freshman / -Upper Classmen
+ Resource classes / -Co-Teaching

2

Academic Goals
Academic Behavioral Goals
Employment / Career Goals

3



Resources



SDLMI
Website
Inventories



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Research
SDMLI Research
Behavioral Science
Article

