

# Supplemental YOYO Resource Manual



Kentucky Post  
School Outcomes

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# Aging & Independent Living

Services offered (not all services are available in every county):

- Adult day & health care
- Advocacy
- Alzheimer's respite
- Assessment
- Case management
- Help with chores
- Counseling
- Education
- Escort
- Friendly visiting
- Health promotion
- Home management
- Home repair
- Information & referral
- Legal assistance
- Meals (congregate & home delivery)
- Nursing home (long-term care) ombudsman
- Out of home respite
- Outreach
- Personal care
- Recreation
- Respite
- Telephone reassurance
- Title V Senior Community Service Employment Program
- Transportation

## Barren River Area

Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren

## Big Sandy Area

Floyd, Johnson, Magoffin, Martin, Pike

## Bluegrass Area

Anderson, Boyle, Bourbon, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, Woodford

## Buffalo Trace Area

Bracken, Fleming, Lewis, Mason, Robertson

## Cumberland Valley Area

Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, Whitley

## FIVCO Area

Boyd, Carter, Greenup, Elliott, Lawrence

### **Gateway Area**

Bath, Menifee, Montgomery, Morgan, Rowan

### **Green River Area**

Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster

### **KIPDA Area**

Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, Trimble

### **Kentucky River Area**

Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, Wolfe

### **Lake Cumberland Area**

Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne

### **Lincoln Trail Area**

Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, Washington

### **Northern Kentucky Area**

Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton

### **Pennyrile Area**

Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, Trigg

### **Purchase Area**

Ballard, Calloway, Carlisle, Fulton, Hickman, Graves, Marshall, McCracken

## **Education**

### **Kentucky Supported Higher Education Partnership (KSHEP)**

A network of Institutions of Higher Education (IHEs) across the state offering inclusive higher education programs for students with intellectual and developmental disabilities, such as Comprehensive Transition and Postsecondary (CTP) programs.

### **Kentucky Community & Technical College System (KCTCS): Disability Services**

List of disability Resource Coordinators/Service Providers at each college within KCTCS.

### **IPEDS College Navigator**

Research tool that allows access to information about more than 9,000 vocational/technical schools, colleges, and universities in the U.S.

### **Kentucky Higher Education Assistance Authority (KHEAA)**

Established in 1966 to improve student access to higher education.

### **National Deaf Center on Postsecondary Outcomes (NDC)**

A guide to vocational rehabilitation for deaf youth.

### **Think College**

A national organization dedicated to developing, expanding, and improving inclusive higher education options for people with intellectual disability.

### **Kentucky Skills U**

Kentucky Skills U provides free adult education services in all 120 counties to help Kentuckians obtain a GED.

### **GED Plus**

A partnership between the Kentucky Community & Technical College System (KCTCS) and KY Skills U (formerly adult education). Students can co-enroll in both Skills U and short-term KCTCS classes and earn their GED plus a college certificate tuition-free.

### **GED Testing at EKU**

Information regarding the Adult Education Center at Eastern Kentucky University (EKU), study guides, and upcoming GED testing dates.

### **Vocational School Database**

A database of private postsecondary vocational-technical schools in all 50 states.

### [Kentucky Deaf-Blind Project](#)

Provides free statewide technical assistance and training to persons up to 22 years of age who have a combination of vision and hearing challenges.

### [Kentucky Students' Right to Know](#)

Links college majors to the most in-demand jobs in the state along with typical education requirements, wages, and institutions offering these majors.

## Employment

### [Supported Employment](#)

Designed to promote personalized employment opportunities for people with disabilities when they need support to: discover personal interests and contributions, find or negotiate a job that fits things they like to do and do well, become established as valued employees; and pursue job advancements.

### [KentuckyWorks](#)

A collaborative effort to support youth and young adults with intellectual disabilities, autism, and multiple disabilities in finding competitive employment.

### [Kentucky Office of Vocational Rehabilitation](#)

Assists Kentuckians with disabilities to achieve suitable employment and independence.

### [O'NET](#)

Tool for career exploration and job analysis.

### [Job Accommodation Network \(JAN\)](#)

Leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.

### **Carl D. Perkins Vocational Training Center**

The mission of the Carl D. Perkins Vocational Training Center is that persons will achieve sustainable competitive integrated employment, maximize independence, and yet gain self-respect through the provision of comprehensive services.

## **Health & Wellness**

### **Kentucky Cabinet for Health and Family Services/Department of Behavioral Health, Developmental and Intellectual Disabilities**

A list of in-patient facilities that provide psychiatric, rehabilitative, and nursing care services to its clients.

### **Supports for Community Living Waiver**

A home and community-based program funded by the Kentucky Department for Medicaid Services and administered by the Division of Developmental and Intellectual Disabilities.

### **The Arc of Kentucky – Health & Fitness for All**

A 12-week health education curriculum for people with disabilities.

### **Kentucky Inclusive Health Collaborative**

Mission is to ignite positive change to address the significant health disparities for individuals with disabilities across the lifespan.

### **Special Olympics Kentucky Healthy Athletes Initiative**

Mission is to improve, through better health and fitness, the athlete's ability to train and compete.

# Recreation

## [The Human Development Institute Recreation Resource Guide](#)

A handbook of program descriptions and contact information.

# Residence/Housing

## [ILRU Directory of Centers for Independent Living \(CILs\) and Associations](#)

Directory of CILs and Associations.

## [The Center for Independent Living Options](#)

Provides services for people with permanent disabilities in Greater Cincinnati and Northern Kentucky.

## [Day Spring](#)

Residential options in Louisville, KY that include small group homes, staffed residences, apartment buildings, in-home services, and family home providers.

## [Bridges of Kentucky](#)

Allow participants to live, learn and work successfully and enjoy their best life at home and in community settings. Serving all counties in Kentucky.

## [Cedar Lake](#)

Provides residential options to people with disabilities in and near Louisville, KY.

## [Community Mental Health Centers – Ky Cabinet for Health & Family Services](#)

Housing options for individuals with serious mental illness.



### [Homeless & Housing Coalition of Kentucky](#)

A statewide coalition of partners and advocates working to end homelessness and create opportunities for low-income Kentuckians to live in affordable homes.

# HDI's Disability Resource Manual

### [Human Development Institute \(HDI\) Disability Resource Manual](#)

Helping English-speaking and Spanish-speaking families navigate the sometimes-complex array of services available to people with disabilities.

## Transportation

### [Kentucky Driver's License & ID Cards](#)

Services provided by the Kentucky Transportation Cabinet.

### [Transportation Initiative](#)

Seeks to provide comprehensive information and education on transportation options.

### [Kentucky Public Transportation Providers](#)

List of public transportation providers by county.

### [Bluegrass Community & Technical College \(BCTC\) Class Pass](#)

Free of charge first come first serve bus pass for BCTC Lexington campus students.

### [Kentucky Paratransit Services](#)

A University of Kentucky on-campus transportation service for students and employees with temporary and permanent mobility impairments.

**Central KY Community Action Transportation Services (CKCATS)**

Safe and reliable public transportation services available in Breckinridge, Grayson, Larue, Marion and Nelson counties and limited services offered in Washington and Hart counties.

# Voting

**Commonwealth of Kentucky State Board of Elections**

Information on voting in Kentucky including how to register and information on voter rights.