

Supplemental YOYO Resource Manual



Kentucky Post
School Outcomes

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Aging & Independent Living

Services offered (not all services are available in every county):

- Adult day & health care
- Advocacy
- Alzheimer's respite
- Assessment
- Case management
- Help with chores
- Counseling
- Education
- Escort
- Friendly visiting
- Health promotion
- Home management
- Home repair
- Information & referral
- Legal assistance
- Meals (congregate & home delivery)
- Nursing home (long-term care) ombudsman
- Out of home respite
- Outreach
- Personal care
- Recreation
- Respite
- Telephone reassurance
- Title V Senior Community Service Employment Program
- Transportation

Barren River Area

Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren

Big Sandy Area

Floyd, Johnson, Magoffin, Martin, Pike

Bluegrass Area

Anderson, Boyle, Bourbon, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, Woodford

Buffalo Trace Area

Bracken, Fleming, Lewis, Mason, Robertson

Cumberland Valley Area

Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, Whitley

FIVCO Area

Boyd, Carter, Greenup, Elliott, Lawrence

Gateway Area

Bath, Menifee, Montgomery, Morgan, Rowan

Green River Area

Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster

KIPDA Area

Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, Trimble

Kentucky River Area

Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, Wolfe

Lake Cumberland Area

Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne

Lincoln Trail Area

Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, Washington

Northern Kentucky Area

Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton

Pennyrile Area

Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, Trigg

Purchase Area

Ballard, Calloway, Carlisle, Fulton, Hickman, Graves, Marshall, McCracken

Education

Supported Higher Education Project (SHEP) at Northern Kentucky University

Gives students with disabilities the opportunity to access all that a college campus has to offer.

Kentucky Community & Technical College System (KCTCS): Disability Services

List of disability Resource Coordinators/Service Providers at each college within KCTCS.

IPEDS College Navigator

Research tool that allows access to information about more than 9,000 vocational/technical schools, colleges, and universities in the U.S.

Kentucky Higher Education Assistance Authority (KHEAA)

Established in 1966 to improve student access to higher education.

National Deaf Center on Postsecondary Outcomes (NDC)

A guide to vocational rehabilitation for deaf youth.

Think College

A national organization dedicated to developing, expanding, and improving inclusive higher education options for people with intellectual disability.

Kentucky Skills U

Kentucky Skills U provides free adult education services in all 120 counties to help Kentuckians obtain a GED.

Vocational School Database

A database of private postsecondary vocational-technical schools in all 50 states.

Kentucky Deaf-Blind Project

Provides free statewide technical assistance and training to persons up to 22 years of age who have a combination of vision and hearing challenges.

Employment

Supported Employment

Designed to promote personalized employment opportunities for people with disabilities when they need support to: discover personal interests and contributions, find or negotiate a job that fits things they like to do and do well, become established as valued employees; and pursue job advancements.

[KentuckyWorks](#)

A collaborative effort to support youth and young adults with intellectual disabilities, autism, and multiple disabilities in finding competitive employment.

[Kentucky Office of Vocational Rehabilitation](#)

Assists Kentuckians with disabilities to achieve suitable employment and independence.

[O'NET](#)

Tool for career exploration and job analysis.

[Job Accommodation Network \(JAN\)](#)

Leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.

[Carl D. Perkins Vocational Training Center](#)

The mission of the Carl D. Perkins Vocational Training Center is that persons will achieve sustainable competitive integrated employment, maximize independence, and yet gain self-respect through the provision of comprehensive services.

Health & Wellness

[Kentucky Cabinet for Health and Family Services/Department of Behavioral Health, Developmental and Intellectual Disabilities](#)

A list of in-patient facilities that provide psychiatric, rehabilitative, and nursing care services to its clients.

[Supports for Community Living Waiver](#)

A home and community-based program funded by the Kentucky Department for Medicaid Services and administered by the Division of Developmental and Intellectual Disabilities.

The Arc of Kentucky – Health & Fitness for All

A 12-week health education curriculum for people with disabilities.

Kentucky Inclusive Health Collaborative

Mission is to ignite positive change to address the significant health disparities for individuals with disabilities across the lifespan.

Special Olympics Kentucky Healthy Athletes Initiative

Mission is to improve, through better health and fitness, the athlete's ability to train and compete.

Recreation

The Human Development Institute Recreation Resource Guide

A handbook of program descriptions and contact information.

Residence/Housing

ILRU Directory of Centers for Independent Living (CILs) and Associations

Directory of CILs and Associations.

The Center for Independent Living Options

Provides services for people with permanent disabilities in Greater Cincinnati and Northern Kentucky.

Day Spring

Residential options in Louisville, KY that include small group homes, staffed residences, apartment buildings, in-home services, and family home providers.

Bridges of Kentucky

Allow participants to live, learn and work successfully and enjoy their best life at home and in community settings. Serving all counties in Kentucky.

Cedar Lake

Provides residential options to people with disabilities in and near Louisville, KY.

Community Mental Health Centers – Ky Cabinet for Health & Family Services

Housing options for individuals with serious mental illness.

Homeless & Housing Coalition of Kentucky

A statewide coalition of partners and advocates working to end homelessness and create opportunities for low-income Kentuckians to live in affordable homes.

HDI's Disability Resource Manual

Human Development Institute (HDI) Disability Resource Manual

Helping English-speaking and Spanish-speaking families navigate the sometimes-complex array of services available to people with disabilities.

Transportation

Kentucky Driver's License & ID Cards

Services provided by the Kentucky Transportation Cabinet

Transportation Initiative

Seeks to provide comprehensive information and education on transportation options.

Kentucky Public Transportation Providers

List of public transportation providers by county.

Bluegrass Community & Technical College (BCTC) Class Pass

Free of charge first come first serve bus pass for BCTC Lexington campus students.

Kentucky Paratransit Services

A University of Kentucky on-campus transportation service for students and employees with temporary and permanent mobility impairments.

Central KY Community Action Transportation Services (CKCATS)

Safe and reliable public transportation services available in Breckinridge, Grayson, Larue, Marion and Nelson counties and limited services offered in Washington and Hart counties.

Voting

Commonwealth of Kentucky State Board of Elections

Information on voting in Kentucky including how to register and information on voter rights.